

2008/2009/ 2010 Productivity and Economic Benefit Comparison Report

Health Risks and Healthcare Claim Costs

Excess health claims costs from employee health risks in your organization:
Average Health Risk per person = 2.2

<u>2008</u>	<u>2009</u>	<u>2010</u>
\$1,929,464.00 or \$5,642.00 per employee per year	\$1,786,888.00 or \$5,224.00 per employee per year	\$1,379,272.00 or \$2,019.00 per employee per year

Health Risks and Productivity Loss

Your excess cost due to decreased productivity from existing health care risk factors of those individuals tested:

<u>2008</u>	<u>2009</u>	<u>2010</u>
\$599,073.00 or \$1,752.00 per employee per year	\$533,301.00 or \$1,618.00 per employee per year	\$1,009,936.00 or \$1,459.00 per employee per year

Health Risks and Absenteeism

Your total yearly cost from absenteeism of these individual tested:

<u>2008</u>	<u>2009</u>	<u>2010</u>
\$86,703.00 or \$254.00 per employee per year	\$81,3004.00 or \$238.00 per employee per year	157,079.00 or \$227.00 per employee per year

Total Excess Cost per Risk Factor

<u>2008</u>	<u>2009</u>	<u>2010</u>
\$2,615,240.00	\$2,421,293.00	2,564,286.00

Healthy Ventures

Health Risks and Recommendations

697 Participants – 55 Men / 612 Women - Avg. Age = 44

Cardiovascular and Cancer Risks:

10% Personal History of Heart Disease,
Stroke or Diabetes



10% High Fat Diet



8% High Blood Pressure



69% Overweight



10% Overall High Cholesterol



20% Low-Fiber Diet



11% Low HDL (Good Cholesterol)



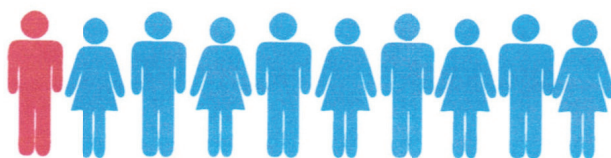
32% Perform Little or No Exercise



24% High Blood Sugar (Diabetes)



11% Smokers



91% Low Nutritional Status/Eat Little
or No Fruits and Vegetables

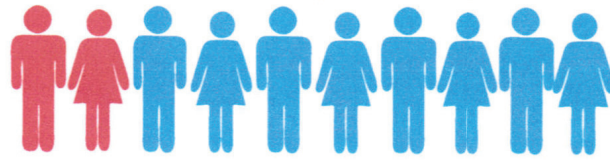


11% Have Asthma

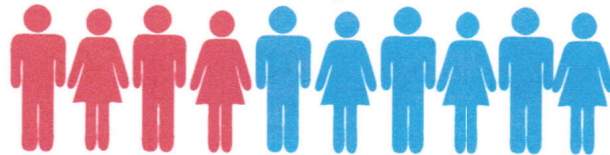


Healthy Ventures

22% Moderate To High Coronary Risks



44% Moderate to High Cancer Risks

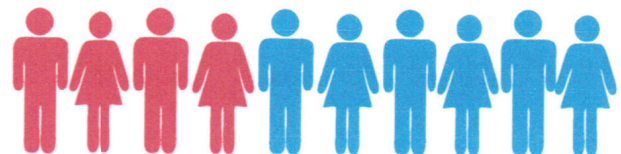


Lifestyle Mental Health Risks:

7% Excessive Stress / Experiencing Sadness and/or Depression



41% Sleep Deprived



10% Chronic Back Problems/Poor Lifting Techniques



5% No Social Support



Interest in learning about how to take action in improving one's Health:

- 59% Proper Nutrition
- 8% Managing High Blood Pressure
- 56% Exercise Courses
- 34% Managing Cholesterol Levels
- 9% Stress Management
- 44% Developing Coronary Risk Prevention skills
- 11% Smoking Cessation courses
- 10% Safe Lifting Techniques
- 68% Effective, Healthy Weight Management

2008-2010

Aggregate
Group Progress Report Trend
Visual

